PATHWAYS GUIDE



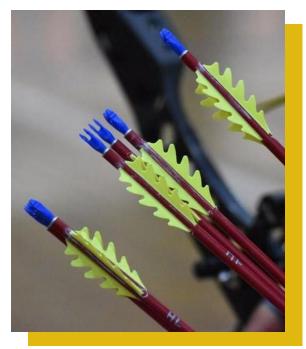
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ABOUT ARCHERY VICTORIA

ARCHERY

Archery is a lifelong, family sport. As the Regional Governing Body for Archery in Victoria, Archery Victoria recognises the responsibility to develop athletes through physically, psychologically and emotionally healthy means so they can participate and enjoy the sport for a lifetime. Archery Victoria also recognises that there are many pathways within our Archery community. There are those of us who wish to compete and strive for the top levels of the sport. Others of us are in it to take care of our physical and mental health or to provide downtime from our busy lives. Some of us are following our children on their pathway through the sport whilst others just want to be involved on a social and recreational level within a sport which has a timeless and historical continuity.



PATHWAYS

Each and every one of us takes a different path through our sport. Some will start off as an athlete within the sport and then venture into coaching or officiating. Others just love archery to death but have no interest in competing and will take a recreational pathway. Many will want to help others in the sport and help and have fun as a volunteer. Our sport cannot exist without our administrators and leaders and some will take that pathway. Whatever your pathway, this document will give you a starting point and provide you with some advice on how to follow the various pathways that you may take over the course of your time in Archery.

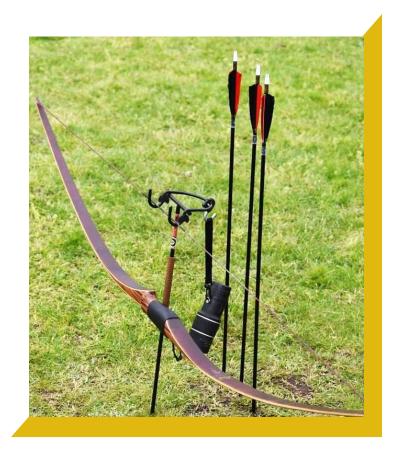
Archery Victoria has Member Clubs in both metropolitan and rural areas of the State. Your starting point for whatever pathway you take is at your local club. Start there, get some information from this document, go back to your club and find your fit. As you grow and develop in the sport your pathway may change. What doesn't change is the importance of relationships and friendships within your club and the wider Archery community.

OUR AIM

It is the portfolio of Archery Victoria to provide an environment where our sport will flourish. Our Strategic Plan is ambitious, and we are determined to build a community in which any one of any ability and from any background can find a place. Come join us.

Archery Victoria seeks to:

- > Develop healthy, successful athletes.
- > Promote physical literacy, athleticism, and archery development.
- > Enhance participation and enjoyment.
- > Improve athlete retention.
- > Ensure psychosocial development and well-being of participants.
- > Foster talent and competitive and recreational success.
- > Promote physical/recreational activity across the lifespan.
- Guide physical training and conditioning.
- > Aim to prevent archery related injuries.
- > Appreciate archery as a lifelong sport.



THE COMPETITIVE ATHLETE PATHWAY

The pathway for those who seek to be a competitive athlete in our sport looks a little like this:







STAGE 0: BEGINNING ARCHERY

Most of those who enter our sport do so through an OzBow come and try activity or some similar taster activity. You may get a taste of the sport at school camps, venture parks, resorts etc and find that you enjoy it and seek out an opportunity to get a better taste of what the sport is like. In whichever way you come to the sport a come and try or taster activity is a great way to start.

You can find your nearest club on the Archery Victoria Website at <u>http://archeryvic.org.au/club-information/</u>. There are also some commercial providers who can provide these services and you can contact them direct or seek information from Archery Victoria via the website. Most commercial providers are also affiliated with a local club.

Although not all clubs operate in exactly the same way most clubs offer come 'n try or taster sessions to allow you to get a feel for what the sport has to offer you. There is usually a small charge for these sessions to cover the costs to the club or provider. More information is available at <u>http://archeryvic.org.au/getting-started-2/</u>



STAGE 1: OZBOW ARCHERY INSTRUCTION COURSES

The next step is to enroll in an OzBow Archery Instruction Course (a fancy name for a beginner's course in Archery).

The OzBow Archery Instruction Course is designed to teach you the technical aspects of Archery over a 3 or 4 week period. This course is usually taught before you become a club member so you can make an informed decision on the pathway for you. In the OzBow Archery Instruction Course you will be taught the Fundamentals of executing a good shot in Archery. There is a lot more detail in this Course and it builds on the information provided to you in your Come 'n Try session.

All equipment is provided, and bookings are essential. Again, more information is available at <u>http://archeryvic.org.au/getting-started-2/</u>.

Coaches conducting these courses are all accredited with Archery Australia and hold current Working with Children Checks.





STAGE 2: EQUIPMENT AND MEMBERSHIP

It is recommended that you don't purchase your own equipment until you have completed your OzBow Archery Instruction Course. During the course though you will want to be thinking about what equipment you might want to buy. The course should give you an opportunity to try different equipment and to have discussions with your instructors on what will suit you best. You will need to think about what you want to achieve with your Archery, your budget for your equipment and discuss with your instructor the dimensions and specifications of any bow you wish to buy. Your instructor will organise for you to be measured up and can make recommendations.

The biggest decision for you to make is which bow type you wish to shoot. That will guide your purchases. The following videos might give you some ideas, however, it is your coach who is your best resource in this. It is easy to buy the wrong thing so take the time to discuss your needs and make sure you get equipment which is suited to you and your purpose in shooting.

- A beginners guide to recurve <u>https://www.youtube.com/watch?v=FR_tmXjJ4p4&t=67s</u>
- A beginners guide to compound <u>https://www.youtube.com/watch?v=wyFvtExiEvg&t=81s</u>
- Crossbow description <u>http://archeryvic.org.au/crossbow/</u>
- Longbow description <u>http://archeryvic.org.au/longbow/</u>
- Traditional bows <u>https://www.youtube.com/watch?v=fb663d-R5K4</u>
- How to shoot a recurve bow <u>https://www.youtube.com/watch?v=08bv2eAugJM</u>
- How to shoot a compound bow <u>https://www.youtube.com/watch?v=QZqk7dUI3Y0</u>



With the investment in equipment it is also time to join a club. Information about Archery Victoria Member Clubs is available on our website

http://archeryvic.org.au/club-information/. When you join your local archery club you also become part of Archery Victoria and Archery Australia. Be aware that there are also other Archery organisations in Victoria and these may be an option for you as well. If your main interest in Archery is hunting, then you might like to check out the Australian Bowhunters Association and 3D Archery Association of Australia. These two organisations also form the Archery Alliance with Archery Australia and hold competitions that you may be eligible to attend.

STAGE 3. GET BETTER ARCHERY



Whether you are determined to go to higher levels with your archery or are just looking at this as an active recreation activity, every archer has a desire to get better at their sport. Having completed the OzBow Archery Instruction Course you can choose to continue to achieve your OzBow qualifications at longer distances with the help of coaches within your club or you may choose to consolidate your training and concentrate on specific aspects of technique.

Discuss your pathway with your coach. They can give you hints and tips and suggest training regimes. They may also be able to hook you up with a mentor or group within the club who may have similar aims. Clubs offer development programs as well which may be of interest to you. Make sure your coach and club officials are aware of what you want to achieve and seek their help and guidance.

Get Better Archery is a lifelong commitment for most of us. We strive to improve and fulfil our potential but the pathway for each of us may be different. If you wish to continue onto competitive archery, then the next steps are a guide for you.

STAGE 4. INTRODUCTION TO COMPETING

If you believe that you want to start to compete it is good to get an introduction to competing from your coach or club official. Like all sports, Archery has rules and protocols in competition which you need to understand, and which make your transition to competitive archery smoother.

Your coach or club official will also be able to go through the different divisions in Archery competition and give you an idea of who you will be competing against. Archery is generally shot in gender, age group and bow type.

From time to time, clubs offer Novice or Newbie Events which provide the new archer with an opportunity to understand the rules and protocols in a learning environment. There are generally judges at these events who explain their role and the do's and don'ts of how competition works. If you get the opportunity to participate in one of these events take it.

This is also the time to get an introduction to the different disciplines of tournament archery. These include target archery, field archery and clout. Basic information on the different archery disciplines can be found here http://archeryvic.org.au/what-is-archery/. Most clubs have archers who are skilled in these disciplines and most are willing and able to share their knowledge and experience. Seek them out.

STAGE 5. CLUB COMPETITION

Most clubs have an event schedule which offer different competitions or events to allow new archers to get familiar with competition rules and protocols. It also allows you to see and interact with other competitors and develop some ideas of what goals you wish to set for yourself. Clubs often have weekly and monthly competitions and leagues. Talk to your coach or club officials for information on what is offered at your club.

Most clubs also have mailing lists, Facebook or other social media pages and Websites. Clubs use these mediums to communicate with their members and keep them up to date with what is happening. Make sure you know what the communication channels are and that you subscribe to the club communications channels if at all possible.

Similarly, Archery Victoria and Archery Australia use these mediums. Subscribing to their social media pages and keeping an eye on their websites will ensure that you have the latest information available to you.

STAGE 6. INTERCLUB AND STATE COMPETITION



Archery Victoria maintains a calendar of events that archers can enter. There are a number of different competitions and it can sometimes be confusing for those moving into this level of competition. Make sure you tap into the knowledge and experience of your fellow club members and your club coaches. The Archery Victoria calendar can be found at http://archeryvic.org.au/calendar-av-aa/

This is also the time that you need to start to feel confident with managing your own equipment. Again, take advantage of the knowledge and experience of fellow club members and your coach. There are a wealth of videos on line which can also be helpful. Be

careful though as some online videos and training materials may not be correct or helpful. Double check what you are looking at on-line with someone whose archery knowledge you trust. The most trustworthy information will come from organisations such as World Archery and Archery Australia. Examples of basic equipment knowledge can be found in videos such as the following:

- https://worldarchery.org/news/143741/archery-101-how-wax-bowstring
- https://worldarchery.org/news/146302/archery-101-how-fletch-arrow-plastic-vanes

You can compete in State Championships, Grand Prix Series Events, Qualifying and Ranking Events and many more.

STAGE 7: STATE DEVELOPMENT PROGRAMS

The time may come (and the timeframe is different for everyone) when you and your coach feel you are ready to take the next step. Archery Victoria offers State Development Programs which vary from one off opportunities for seminars and archery development to programs which span across clubs and the State.

Archery Victoria has an Athlete Development Officer who works with the State Calendar Committee on these programs and activities. Details of these programs and activities are communicated via emails, social media and the Archery Victoria website. There is usually an annual program of events published via these means.



The Athlete Development Officer also works with the State Team Selection Committee which is a sub-committee of Archery Victoria who are tasked with ensuring that tournaments, events and activities are available for archers who may wish to be considered for selection to State Teams. They make recommendations to the Archery Victoria Board on the selection criteria for the State Teams and also recommend which athletes should be selected.

Archery Australia each year hosts the following events which involve State Team Selection:

- National Youth Archery Championships
- National Para and VI Championships
- National Indoor Championships
- National Archery Championships

Other championships/tournaments are also added at the discretion of Archery Australia. The formats and details of these events are governed by Archery Australia.

Being chosen to represent your State at this level is a privilege and a considerable achievement and those selected get to wear a State Uniform and compete against other States at the championships. These events are generally also available for entry even if you aren't chosen for a State Team. If this is the pathway you want to pursue then don't be discouraged from entering these events if you aren't chosen for the State Team. It is a great experience to compete in these events and will give you a leg up when you are chosen for the State Team.

Details of qualification requirements for selection to State Teams can be found at <u>http://archeryvic.org.au/policies-procedures/</u> Policies 0491, 0491a and 0491b. The addendums change each year so make sure you stay in touch with these documents and don't rely on what was published the previous year.



STAGE 8: STATE HIGH PERFORMANCE SQUAD

Archery Victoria from time to time also select a State High Performance Squad which is another level of development for those wishing to represent the State at National Competitions and for those who are looking to move into the Archery Australia higher performance programs.

This squad takes archers of all disciplines and gets them ready for entry into the Archery Australia Regional Development Program (see Stage 9 below).

The squad is co-ordinated by the Athlete Development Officer and the programs vary depending on the needs of the athletes involved and the Archery Victoria objectives in any given year.

Specialised development opportunities are developed by the Level 3 Coaching Committee which comprises Level 3 State Coaches with expertise in taking athletes to the next level. Opportunities include archery technique development, mental toughness, biomechanics and their impact on archery, sports psychology, dietary requirements for maximum performance etc.

Criterion for entry to the High Performance Squad are published from time to time by Archery Victoria.



STAGE 9: ARCHERY AUSTRALIA REGIONAL DEVELOPMENT PROGRAM (VICTORIA)



This program is run and set up by Archery Australia to enhance opportunities for athletes at Regional/State level who are dedicated to improve their performance at State, National and International level. Further to this the aim is to develop squad members to a level where they can qualify for entry into the Archery Australia High Performance Program (HPP).

To become part of the program you need to meet certain performance criteria which are based on scores achieved at designated competitions and events. The following scores indicate the minimum performance for selective entry to the AARDP.

Bow Type	Division	Gender	Distance	Minimum Score	Maximum Score
Recurve	20&under and above	Male	70m	600	720
Compound	20&under and above	Male	50m	680	720
Recurve	20&under and above	Female	70m	580	720
Compound	20&under and above	Female	50m	650	720
Recurve	Cadet and below	Male	60m	610	720
Compound	Cadet and below	Male	50m	660	720
Recurve	Cadet and below	Female	60m	600	720
Compound	Cadet and below	Female	50m	640	720

Those who apply for the AARDP must also be held in good standing by their Club, Archery Victoria and Archery Australia.

Selected squad members are expected to train outside the scheduled sessions and complete activities assigned by their coaches. They are also expected to undertake strength and conditional training, mental agility training and compete in scheduled training and competition events.

The required scores and conditions may be changed by Archery Australia at any time.



STAGE 10. ARCHERY AUSTRALIA NATIONAL HIGH PERFORMANCE PROGRAM

Archery Australia runs a National High Performance Program (NHPP) and releases updated information and policies from time to time. This information is published as Policy 1060 on the Archery Australia website. You should make sure you visit this Policy regularly to keep up to date with changes.

Archery Australia has limited funding and resources to support High Performance athletes and therefore has designed a High Performance structure that classifies athletes into tiers. This in turn enables Archery Australia to prioritise the support and funding that it provides to the NHPP athletes in a consistent and transparent manner. Funding for this program is provided by the Australian Government and spending on the program as well as its activities are monitored by the Australian Institute of Sport.

The NHPP consists of four tiers that athletes are able to progress through as they further develop their skills and performances. The entrance criteria for each of these tiers has been designed to align with the Australian Sports Commission's Athlete classification strategy meaning that athletes are eligible to receive more support as they progress through the tiers. The table below (Table 1) provides a brief summary of each Tier.

World Class – Tier 1 Athletes who in the opinion of the High Performance Committee (HPC) have demonstrated their ability to challenge or have actually achieved a recent podium position in top International Competition. International – Tier 2 Athletes who in the opinion of the HPC are competitive in international competition and have the potential to progress to World Class within the next two years. Athletes who in the opinion of the HPC are competitive at the National Level and are ready for international exposure under direction of the High Performance Unit. **Development – Tier 4** Athletes who in the opinion of the HPC are considered to be emerging and have the potential to progress through the tiers in the coming years due to demonstrated commitment.



Table 1

The NHPP has two components, a centralised Centre of Excellence (COE) program based in Brisbane and a decentralised HP Training Squad (HPTS) where athletes are able to train in their home cities. The NHPP is managed on a day-to-day basis by Archery Australia's High Performance Manager (HPM) and National Coach who report to the Archery Australia Board.

CENTRE OF EXCELLENCE

The High Performance Manager will invite athletes to train at the COE based on their ability to train at the required level and the Head Coach's opinion of an athletes medium and long term potential to be an internationally competitive Archer. All invited athletes must be a good fit for the program and be willing to work co-operatively with the other COE athletes to achieve individual and collective goals.

To be invited to train at the COE an athlete must:

- Have achieved any relevant qualifying scores at designated qualifying events determined by the COE
- > Have a demonstrated desire to compete at Olympic level
- Be available to train at least three times a week with the National Coach and at least twice a week with the COE Strength & Conditioning coach
- Be a current financial member of Archery Australia and a Regional Governing Body (RGB)
- Undergo relevant medical screenings as required by AA
- Sign and abide by the COE Program Athlete Agreement and Code of Conduct for the term of the training period
- > Regularly log their training information
- Comply with World Archery and IOC eligibility requirements
- > Be in "Good Standing" with Archery Australia

HIGH PERFORMANCE TRAINING SQUAD

To be eligible for the HPTS an athlete must meet all of the criteria detailed below and submit a full and complete application to Archery Australia.

To be eligible for the HPTS athletes must:

- Comply with World Archery and IOC eligibility requirements
- > Be a current financial affiliate of AA
- > Regularly log their training information
- Meet the Performance Requirements
- Agree to the Archery Australia Team Agreement and Code of Conduct and associated documents
- > Be in "Good Standing" with Archery Australia

More information on this program is available on the AA website – Policy 1060.



THE RECREATIONAL ATHLETE PATHWAY



For some archers, competition is not the pathway they wish to take. They are happy to get better in their own time and space and perhaps join in some Club competitions. It may be that it is the Zen of Archery which attracts you and you may never want to go down the competition path. If this is the case, then the Recreational Pathway may be for you.

Equally, some may start on the recreational pathway and move over to other pathways as they make their own journey through our sport.

So, what does the recreational pathway look like?

The Recreational Pathway starts out much the same as the competitive pathway.



STAGE 0: BEGINNING ARCHERY



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Archery. There is a lot more detail in this Course and it builds on the information provided to you in your Come 'n Try session.

All equipment is provided and bookings are essential. Again, more information is available at <u>http://archeryvic.org.au/getting-started-2/</u>

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STAGE 2. EQUIPMENT AND MEMBERSHIP

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- <u>https://www.youtube.com/watch?v=wyFvtExiEvg&t=81s</u> A beginner's guide to compound
- <u>http://archeryvic.org.au/crossbow/</u> crossbow description
- http://archeryvic.org.au/longbow/ longbow description
- https://www.youtube.com/watch?v=fb663d-R5K4 traditional bows
- https://www.youtube.com/watch?v=08bv2eAugJM How to shoot a recurve bow
- https://www.youtube.com/watch?v=QZqk7dUI3Y0 How to shoot a compound bow

With the investment in equipment it is also time to join a club. You may ask why this is necessary if you just want to be a recreational archer and not compete. Taking out a club membership ensures that you have a safe environment in which to shoot. Club ranges are set up with safety in mind and all clubs do comprehensive Risk Assessments to ensure that all issues around safety and keeping you safe are considered.

Being a member of a club also ensures that you have insurance coverage when you shoot at the club and mitigates the risks to you and others. Clubs are also the place to form those life-long friendships which are one of the great features of our sport. All clubs have recreational archers and sharing a passion and a hobby always makes it better and more enjoyable.

Being a club member also opens up the competitive pathway should you decide to move that way in the future.

Information about Archery Victoria Member Clubs is available on our website http://archeryvic.org.au/club-information/. When you join your local archery club you also become part of Archery Victoria and Archery Australia. Be aware that there are also other Archery organisations in Victoria and these may be an option for you as well. If your main interest in Archery is hunting, then you might like to check out the Australian Bowhunters Association and 3D Archery Association of Australia. These two organisations also form the Archery Alliance with Archery Australia and hold competitions that you may be eligible to attend.

STAGE 3. GET BETTER ARCHERY

You don't have to be a competitive archer to want to get better. We all like to see ourselves improve and it is just as thrilling to hit the centre of the target as a recreational archer as it is a competition archer. Having completed the OzBow Archery Instruction Course you can choose to continue to achieve your OzBow qualifications at longer distances with the help of coaches within your club or you may choose to consolidate your training and concentrate on specific aspects of technique.



Discuss your pathway with your coach. Coaches are there for all archers not just those who choose to compete. They can give you hints and tips and suggest training regimes. They may also be able to hook you up with a mentor or group within the club who may have similar aims. Clubs offer development programs as well which may be of interest to you. Make sure your coach and club officials are aware of what you want to achieve and seek their help and guidance.

Get Better Archery is a lifelong commitment for most of us. We strive to improve and fulfil our potential even though the pathway for each of us may be different.

STAGE 4. SHOOTING WITH FRIENDS



As stated earlier, sharing your passion with like-minded friends is fantastic. At this stage you may choose to join in some Club competitions or you might like to organise to shoot with others for some fun and enjoyment. Most clubs have different groups, with different objectives who choose to shoot together. Seek them out and make archery a part of your life. Archery is fantastic for your physical, emotional, mental and spiritual health. Enjoy.

Remember you don't have to stick with just one pathway. You can move between them as your desires and circumstances change. You can also participate in multiple pathways (e.g. you can be a coach or volunteer whilst also pursuing your recreational archery pathway.



ARCHERY VICTORIA: PATHWAYS GUIDE



Archery Clubs are run and maintained by Volunteers – indeed volunteers are the life blood of any club. Many archers will volunteer in various roles within their clubs. Equally those who aren't on the shooting line may also like to volunteer – all are welcome.

How do I become a volunteer? Firstly, think about the capacity in which you might like to volunteer at your club and then have a chat to your Club Committee. Your club

may have a Volunteer Manager or Coordinator who can guide you in the range of volunteer opportunities that may be available.

The following list is by no means comprehensive. Each club uses their volunteers in slightly different ways. This list is just a starting guide to how you might help out in an Archery Club. Check with your club to see how you can help.

- Grounds maintenance. Archery Ranges need continual maintenance to keep them in good order and allow archers to shoot safely. You might be able to help out with mowing, target maintenance, tree planting or the like.
- Equipment maintenance. Your club archery equipment is used continually especially for come 'n' try activities. It requires maintenance and sometimes repair. Your club coaches are a good starting point to discuss how you might help in this way.
- Club Recorder. Every club has a Club Recorder who is responsible for keeping the stats and data around the performance of archers and determines who is eligible for records and rewards. A great Club Recorder is the making of a great club.
- Club Committee. A club does not run without a Committee. Committees are responsible for the governance and successful running of the club. They do lots of work behind the scenes to ensure that events are organised, maintenance is done, the club meets all of its governance requirements, strategic plans, risk management plans and operation plans are in place etc. Running a club is a bit like running a small business and Club Committees are always in need of members with strong organisational skills to assist. Club Committees generally have a President, Secretary and Treasurer. Beyond that there will be others on the committee who fulfil important functions e.g. Club Recorder, Coach Co-ordinator, Property Member etc. The Club Committee are the leaders of the Club and should represent the diversity of the Cub membership.
- You might not have the time to commit to a formal role within the club. You can still help out. There always small, ad-hoc jobs which need to be done. If you can help with these make sure the Club Committee know that they can tap into you for these types of outcomes.

Special expertise is sometimes needed in clubs and it is great if this can be tapped into when needed. For example you might be an accountant and can help out once a year with the annual audit. You might work in Risk Management and can help out with reviewing and updating the Risk Management Plan. You could have a bent for Strategic Planning and can help out with that. You might be a carpenter, plumber, electrician, IT expert. All of these and many more are needed from time to time within clubs. This type of Volunteering is often called Bite Size Volunteering and is a fantastic way for clubs to draw on expertise without imposing a formal position or ongoing commitment on a volunteer. Check if your club has a program like this and lend a hand if and when you can.

Volunteers are covered under the Archery Australia Insurance Policy. Check with your Club if you have any concerns in this regard.

Other forms of volunteering are in coaching and judging roles which are covered below. Archery Victoria has a Volunteering Management Guide which can be found on the Archery Victoria website.





THE COACHING PATHWAY



Coaches are the lifeblood of our clubs and are often the first people who new members meet when they start their archery journey. Although coaches generally come from the athlete community that is not always the case. There are numerous examples around our sport where coaches who are not athletes contribute in this way.

The coach pathway is clear. There are four levels of coaches in our sport. Coaches are accredited by Archery Australia following an accreditation pathway.

LEVEL 1. PARTICIPATION COACH

Most clubs have a number of Participation Coaches who are responsible for Coordinating and Delivering Come 'n' Try programs. The following are pre-requisites to becoming a Level 1 Participation Coach.

- > Minimum 16 years of age at completion of their accreditation course.
- Must have been an Archery Australia member for a minimum of 12 months
- Must complete Archery Australia Pre-learning modules
- Assist at a minimum of 2 Come N Try sessions prior to undertaking the Level 1 coaching course.
- > Must complete a number of on-line courses relating to general coaching and conduct.
- Must hold and maintain a current Working with Children Check.
- Must successfully complete 8 hours of training in Level 1 coaching modules (facilitated by an accredited presenter and assessor).
- > A First Aid Certificate is desirable but not mandatory.

The importance of Participation Coaches within a Club cannot be underestimated. These coaches are the face of our sport and are the first touchpoint for entry into our grassroots community.

LEVEL 2. DEVELOPMENT COACH

Development Coaches deliver Archery Australia programs such as Ozbow programs and beginner courses. They also develop Club Archers wanting to improve their performance and those who wish to participate in club and interclub level competitions. Development Coaches also mentor Participation Coaches.

The following are pre-requisites to becoming a Level 2 Development Coach.

- > Minimum 18 years of age at completion
- > Current Level 1 for a minimum of 12 months
- Assisted in at least 2 recognised Archery Australia programmes (Ozbow / beginners' courses) in the previous 12 months prior to application.
- Completion of Archery Australia Level 2 pre-learning online modules
- Completion of Sport Australia Community Coaching General Principles
- > Play By The Rules Inclusive Coaching course
- > Hold a current Working with Children Check
- > First Aid Certificate desirable but not compulsory.

LEVEL 3. PATHWAYS COACH



Not all clubs will have a Level 3 Pathways Coach and athletes may need to travel to other clubs or venues to access this level of coaching. A list of Level 3 Pathways Coaches is on the Archery Victoria website at <u>http://archeryvic.org.au/coaching/</u>

Level 3 Pathways Coaches develop archers for Regional Governing Body development programs and State/Territory Teams and Squads. They also provide development to archers seeking to attain entry into Archery Australia High Performance Programs. Level 3 Pathways Coaches will mentor Level 1 and Level 2 coaches.

The criteria for moving to the role of a Level 3 Pathways Coach

is still being developed by Archery Australia. In the meantime, Regional Coaches (accredited under the scheme in place prior to 2020) fulfil these roles.



LEVEL 4. HIGH PERFORMANCE COACH

Not all clubs will have a Level 4 High Performance Coach and you may need to travel to other clubs or venues to access this level of coaching. Level 4 High Performance Coaches develop archers for National and International Level competitions, provide individual archer development in conjunction with the National Coach and the High Performance Programme. They also mentor Level 3 coaches.

The criteria for moving to the role of a Level 4 High Performance Coach is still being developed by Archery Australia.



NATIONAL COACH

There is one National Coach in Australia. This coach is appointed by Archery Australia under conditions developed by them from time to time. The role of the National Coach is to oversight the coaching accreditation scheme and to develop and run activities for archers on the International Circuit. The National Coach also coaches the International teams including our Olympic teams.



THE JUDGES PATHWAY

Judging is a vital part of Archery as a sport, as is ensuring a substantial pool of judges is available to provide adequate coverage of events throughout the Archery calendar year.

LEVEL 1 – EVENT JUDGE

The judging pathway starts with becoming an Event Judge. An Event Judge can judge at Club events and Qualifying and Ranking Events. They can also assist with judging at events at other levels.

To become an Event Judge you must have been active in archery for a minimum of 12 months and have some experience of competitive archery.

Training for Event Judges is done via on-line training through the Archery Australia Education website http://www.archeryeducation.com.au/moodle/course/index.php?categoryid=3. There are 5 modules in this learning scheme.

- Module 1 Club Official. This learning module is basic and for any person who wishes to be a Club Official or Range Captain at archery clubs in Australia. Any club member can self-enrol in this module.
- Module 2 Principles of Judging. To be eligible to attempt this training module, applicants must have successfully completed the online Club Official module.
- Module 3A Target and Indoor Archery. To be eligible to attempt this training module, applicants must have successfully completed the online Course Official and Principles of Judging modules.
- Module 3B Field Archery. To be eligible to attempt this training module, applicants must have successfully completed the online Course Official and Principles of Judging modules.
- Module 3C Clout Archery. To be eligible to attempt this training module, applicants must have successfully completed the online Club Official and Principles of Judging modules.

Modules 3A, 3B and 3C can be done separately. Completion of Module 3A means that the Event Judge will be able to officiate at target and indoor events. Similarly completion of Module 3B means that the Event Judge will be able to officiate at field events and likewise for Module 3C for clout events.

Completion of all 5 modules means that an Event Judge may choose, if they so wish, to apply for recognition as a National Judge Candidate.



LEVEL 2 – NATIONAL JUDGE CANDIDATE

A National Judge Candidate can be likened to an apprentice judge. They must get on the job experience under the guidance of a National Judge. To be eligible to apply to become a National Judge Candidate the nominee must have:

- > Been active in archery for a minimum of 12 months.
- Completed all levels of on-line training for Event Judges and be a recognised Event Judge accredited by Archery Australia.
- Attained a minimum age of 18 years.
- > Be a current financial member of Archery Australia

LEVEL 2 – NATIONAL JUDGE

To be eligible to move to the status of National Judge the nominee must have:

- Served as a National Judge Candidate for a minimum period of 12 months and a maximum period of 24 months and receive positive assessments from supervising National Judges. Under certain circumstances, this time period may be extended by the Archery Australia Officials Committee.
- Worked as an official at 8 approved tournaments (including at least one Target and one Field tournament) under the supervision and assessment of a National Judge. National Judge Candidates may include Qualifying and Ranking Events within these 8 tournaments.
- Act as Director of Shooting or Assistant Director of Shooting under the supervision and assessment of a National Judge, at least once.
- Respond in writing to a minimum of 50% of the case studies issued by the Archery Australia Judges Coordinator.



National Judges need to maintain their accreditation and must actively participate as an official in a number of events as outlined by the Archery Australia Judges Coordinator and published from time to time.

LEVEL 3 – OCEANIA JUDGE

The World of Archery is divided into a number of Regions. Archery Australia is within the Oceania Region. Archery Oceania provides training and criteria for a National judge to seek accreditation as an Oceania Judge. Archery Oceania call for nominations from time to time and set the criteria for such nominations.

LEVEL 4 – WORLD ARCHERY JUDGE

World Archery events are judged by World Archery Judges. World Archery provides the criteria for moving to a World Archery Judge. These criteria are issued by World Archery from time to time as required.





THE PARENT/CARE GIVER/SUPPORT PERSON PATHWAY

As a parent, care-giver or support person for an archery athlete it is often confusing to determine both what your role is and how to guide your archer along the pathway. You too are an important cog in the archery machine and Archery Victoria has produced a A-Z guide to help you on your journey in our sport.

You may also want to get more involved in the other pathways as well. More than 40% of members of Archery Victoria are families. It is normal to see a number of members of a family on the shooting line – dad, mum, son, daughter, grandparent etc – following their own chosen pathway.

You might decide to become more involved as a volunteer, coach or judge. In whatever capacity you serve, Archery Victoria is grateful for our support.

It is important that you follow the Victorian Sporting Code of Conduct and the Archery Victoria Code of Conduct.

https://assets.sportstg.com/assets/console/document/documents/7A94A625-5056-BD57-97AE10097CC1B3E9.pdf



THE SOCIAL MEMBER PATHWAY



A number of clubs also offer a Social Membership to their club. There are many reasons why individuals choose not to participate in the sport as a whole but are still enthusiasts who want to be a member of club and socialise within our community.

Please check with your local club if you would like to be involved in this way.

Details for clubs within Victoria can be found on our website at http://archeryvic.org.au/club-information/

